



LASAGNA ROLLUPS COOKING INSTRUCTIONS

THIS PRODUCT MUST BE HEATED FROM FROZEN
DO NOT HEAT FROM REFRIGERATION



OVEN – FROM FROZEN

1. Preheat conventional oven to 375°F.
2. Transfer from packing container into a greased oven safe dish.
3. Cook for 20-25 minutes or until a minimum internal temperature of 165 degrees F.



MICROWAVE – FROM FROZEN

1. Transfer from packing container into a microwave safe dish.
2. Heat for 4 minutes on high or until a minimum internal temperature of 165 degrees F.



Properly reheat food – reheat to an internal temperature of 165 F.
Keep cold foods cold at 40 F or lower (and keep frozen foods frozen).
Refrigerate leftovers immediately or throw them away.
Use caution when removing from microwave or oven as food will be hot!



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